



RESORT & SPA  
**SCHLOSSPARK MAUERBACH**



## WELLNESS IN THE VIENNA WOODS - WELLNESS IN THE PARK

„Wien, Wien nur Du allein“ - the lines of this famous song have seneraded Vienna in many languages for over one hundred years. Music is always in the air when one dreams of Vienna. The famous waltz by Johann Strauss, the „Tales from the Vienna Woods“, enchants listeners with a cozy walk beyond the city gates accompanied to the wistful lilt of fiddle and zither. Come experience the enchantment of the Vienna Woods yourself!

The Vienna Woods are a paradise with a very special character - pure Nature: clear water, fresh air, gentle rolling hills interspersed with rocky crags, canyons filled with rushing mountain streams, peaceful vineyards, dreamy meadows and mysterious moor landscapes. Scarcely another world-class city can offer such luxurious natural settings directly at the doorstep. The Schlosspark Mauerbach lies precisely in the middle of all this splendor.

Our house philosophy, intimate connection with our natural settings, has shaped the layout of the hotel and wellness areas. Discover the forest saunas and the various theme rooms. The surrounding park with natural ponds and small streams invites you to relax outdoors.

No matter whether you are planning a relaxing vacation, a few days of wellness and time out, or just want to flee the bustle of the city for a weekend or a few hours, the Schlosspark Mauerbach is the right place to get away from it all.

The exclusive Park Spa is the perfect retreat for escaping everyday stress and to restore your sense of well-being.

The Schlosspark Team looks forward to your visit!



## COME AND ENJOY

You will receive a wellness pouch with bath robe, slippers and towels upon your arrival. Fresh towels can be obtained in the Spa or the reception at any time. A bottle of mineral water is waiting in the room to welcome our guests.

Would you like to check-in early? Your personal wellness pouch will be waiting for you in the Spa where you can delightfully spend the time until your room is available. Would you like to spend a few hours relaxing after a seminar meeting? Please see our corresponding special offer. We will be happy to check your bags during your stay - your wellness pouch is waiting for you at the Spa reception.

Reservations for spa treatments are gladly accepted before your arrival so that you can enjoy your stay in the Schlosspark Mauerpark to the fullest. We are happy to advise you at **+43 1 970 30-100** or by email at **[spa@imschlosspark.at](mailto:spa@imschlosspark.at)**.

We are also happy to fulfill your desires for treatments upon short notice, subject to availability.



## SPA-RITUALS

We connect with the energy of the woods in our Park Spa. Enjoy the extraordinary experience of special rituals that have been created exclusively for our spa. Let yourself be carried away to a quite woody glade where you can relax undisturbed.

### POWER OF THE WOODS

This holistic ritual begins with stimulation of pressure points in shoulder and neck areas. A packing of essences from fir, pine and larch trees strengthens the immune system and improves circulation. A vitalizing massage rounds off the ritual.

50 min

€ 89

### STILLNESS OF THE WOODS

This holistic ritual treats both body and soul. Warming foot packings together with pressure point massage provide the corresponding „grounding“. A relaxing natural stone massage with warmed herbal oils helps to shut out daily „noise“. To finish the ritual, relax with a natural warming cushion.

50 min

€ 89



**NATURE** is a highly valued commodity at the Schlosspark Mauerbach. That is why we have opted for phytocosmetic products, i.e., products that only use only natural ingredients from botanical sources. The range of active ingredients includes camomile, wild poppy, lavender and mallow, extracts from blue berries, apples and oranges, and oils from exotic trees.

Vagheggi Phytocosmetics was one of the first companies to discover Nature's laboratory of beauty. It has been producing phytocosmetic products and accompanying holistic application techniques for over 25 years. The result is a holistic, vegan line of products, which provide immediately visible treatment results.

Vagheggi Phytocosmetics are produced free of paraben, mineral oils and paraffin. All products are dermatologically tested, without using animals for testing.

You can purchase products individually matched to your personal requirements at our Spa reception. We are happy to advise you and help with selecting the product which is right for you.



## FACIAL TREATMENTS FOR HER

Our highly trained beauty experts choose with extreme care those products that meet your individual wishes and needs.

### THE ACTIVATING TOUCH

Enjoy this short, refreshing treatment on the spur of the moment. After a cleansing and gentle exfoliation, you can choose between a soothing facial massage or a nourishing facial mask.

25 min

€ 39

### THE CLEARING TOUCH

A beauty treatment with deep cleansing effect. After a superficial cleansing and clarifying peeling, an intensive deep cleansing takes place. A soothing mask and finishing round off the treatment.

80 min

€ 89

### THE PERFECTING TOUCH

A classic facial treatment to revitalize and refresh the skin. Thorough cleaning prepares the skin for subsequent care products to provide better absorption. After a facial peeling you can relax with a generous facial massage. Cosmetic ampoules supply the skin with highly concentrated active ingredients. The conclusion is a mask tailored to your needs.

50 min

€ 75



### THE EXCLUSIVE TOUCH „FOREVER YOUNG“

An exclusive treatment for mature skin that provides energy and radiance. After cleansing, fine callous skin areas are evenly removed by means of enzyme peeling. This gives the skin a smooth appearance. A face, neck and décolleté massage offer pure relaxation. The finishing facial mask rounds off the perfect result.

50 min

€ 89

### A LUXURIOUS TOUCH

Our intensive facial treatment for mature skin with an immediate lifting effect. Afterwards the skin will feel taut and firm. The skin is prepared by cleansing and exfoliation for the following rejuvenating ingredients. The circulation is stimulated by an invigorating massage which is accompanied by soothing active ingredients. Two different face masks optimally reactivate the skin with exclusive nutrients.

110 min

€ 130



## BEAMING EYES

A cooling eye treatment that makes tired eyes shine again. A gel mask is followed by a massage of the areas around the eye. A special eye cream and a touch of day care complete the treatment.

25 min € 36

## MAKE-UP

Day Make up 20 min € 30

Evening Make up 30 min € 40

## EYE SERVICE

Pluck Eye Brow € 15

Color Eye Brow € 15

Color Eye Lashes € 15

Complete Eye Service € 36



### MANICURE FOR THE LADY

The nails are cut to a uniform length and shaped to your liking. After a warm hand bath, the cuticles are pushed back and neatened.

45 min € 45

### MANICURE DELUXE

The nails are cut to a uniform length and shaped to your liking. After a warm hand bath, the cuticles are pushed back and neatened. A gentle hand peeling will make your hands pleasantly soft. For relaxation, a soothing hand massage is performed. A colored polish of your choice provides the optimal finishing for perfect hands.

60 min € 59

### COLOR POLISH

A colored polish of your choice is applied.

15 min € 12

### PEDICURE FOR THE LADY

The nails are shortened, callus foot skin is removed and a moisturizing balm is applied.

45 min € 49



### PPEDICURE WITH POLISH

A colored polish of your choice is applied.

60 min € 59

### PEDICURE DELUXE

Just the right pampering program for your feet. With foot bath, exfoliation, a mask and foot massage. A colored nail polish of your choice completes the wellness program.

80 min € 79

## FULL BODY TREATMENTS FOR HER

### REFRESHING FULL BODY PEELING

This exfoliation for the whole body gently loosens skin cells. In combination with the subsequent full-body massage, this makes for a pleasant, soft skin feeling. We especially recommend this treatment before summer, since the exfoliation allows the sun's rays to penetrate better into the skin layers, thus extending the tanning effect.

50 min € 68

### FULL BODY PEELING DETOX

Through extracts of tomato and watercress combined with active minerals, the skin is cleansed and detoxified with a peeling massage.

25 min € 39

### TIGHTENING FULL BODY PACKING

This body butter packing firms up and shapes the body. The packing supplies optimal nutrients for the skin.

25 min € 39

### NOURISHING FULL BODY PEELING

The skin is gently peeled through the innovative synergy of shea butter with olive oil. In addition, cane sugar contained in peeling tightens, cleanses and nourishes the skin.

25 min € 39

### ANTI-CELLULITE FULL BODY PACKING

A thermoactive body pack with fisetin and frambinone that counteracts and minimizes the appearance of cellulite areas in the skin.

25 min € 39

### PEELING + PACKING:

This treatment combines exfoliation and packing according to your personal needs.

50 min € 69

## TREATMENTS FOR HIM

### MANICURES FOR THE MODERN MAN

Treat yourself to a professional manicure with hand bath, peeling and a soothing hand massage.

40 min

€ 45

### PEDICURES FOR THE MODERN MAN

A pampering program for the feet with a soothing foot bath, removal of the callouses, shortening and shaping of the nails, as well as final neatening of the feet and cuticles.

40 min

€ 45

### THE ACTIVE TOUCH FOR HIM

Short facial with exfoliation and moisturizing mask.

25 min

€ 39

### THE GENTLE TOUCH FOR HIM

Intensive facial starting with cleansing and exfoliation. This is followed by a relaxing facial massage. A soothing mask rounds out the treatment.

50 min

€ 69

### TIME OUT FOR HIM

A 25-minute back massage, a refreshing facial treatment and a pedicure provide relaxation and freshness.

80 min

€ 99



# MASSAGES

Classic massage is one of the oldest types of massage and is applied for treatment of physical ailments. It can also simply be used for relaxation, stress reduction, or to harmonize and revitalize the body.



## CLASSIC MASSAGE

Enjoy a soothing partial or full body massage according to your individual needs. Classic massage focuses on the muscles. The different massage strokes promote relaxation and improve blood circulation to the muscles.

25 min	€ 39
50 min	€ 69
80 min	€ 92

## FOOT REFLEX ZONE MASSAGE

Blockages can be resolved by treating reflex zones on the body. Energy channels (meridians) of the body are energized by energetic massage strokes.

25 min	€ 39
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## COMBINATION MASSAGE

A perfect combination of classic body and foot reflexology massage. For complete relaxation from head to toe.

50 min

€ 69

## TIME OUT

The short treatment to clear the mind. A combination of shoulder, neck and pressure point massage. Perfect for relaxing on short notice or during stress periods.

25 min

€ 39

## FACIAL MASSAGE

Soothing massage to relax the muscles in the face, neck and décolleté areas.

25 min

€ 39

## HOT STONE MASSAGE

The Hot Stone Massage is a wellness massage with hot volcanic rock. The heat of the stones, in combination with various massage techniques, helps to relax and unlock deep underlying blockages.

50 min

€ 79

## SINGING BOWL MASSAGE

Let yourself be seduced by a soothing massage by means of different sounds and vibrations. During the massage treatment, Tibetan singing bowls are placed on the body and struck. The sound of the singing bowl is transmitted to the body via the bottom of the bowl, translating to sympathetic vibrations in the body. The vibrations of the singing bowl envelopes the entire body and triggers deep relaxation and well-being. You are welcome to dress for this application.

50 min

€ 79





## MASSAGE OILS

### **BIRCH MASSAGE OIL**

The beauty secret of the Nordic birch tree lies hidden in the uniquely protective active components of the bark, which protect the tree from the extreme living conditions in cool regions. Active ingredients give the skin a natural, fresh look.

### **LAVENDER MASSAGE OIL**

The composition of gentle lavender and rich jojoba, coconut and soy oil gives this unique massage oil a soothing character. The fine scent supports the relaxation of body and mind.

### **WILD ROSE MASSAGE OIL**

The combination of valuable rose petal extracts and precious rose hip oil gives the massage oil a soothing character. The delicate scent supports the relaxation of body and mind. Skin-regenerating wild rose oil resupplies stressed skin with vitamins and gives it elasticity. Noble rose flower water soothes and has a toning effect.

### **SHEA ALOE HYPOALLERGENIC MASSAGE OIL**

The hypoallergenic massage oil with the mild formulation gently nourishes particularly sensitive skin areas. In order to ensure optimal compatibility, fragrances have deliberately been avoided. This extraordinary oil composition provides both moisture and essential oils for soft and supple skin.





## OUR HIGHLIGHTS

### INDOOR/OUTDOOR POOL

Enjoy both our spacious pool areas - the indoor pool with 63 m<sup>2</sup> and the outdoor pool with 103 m<sup>2</sup> and massage jets.

Swim outdoors at pleasant temperatures, year-round indoor and outdoor 30° C - or relax on our spacious panoramic sun terrace.



# WELLNESS IN THE PARK | SAUNAS

## SAUNAS IN THE SPA AREA

### **Finnish Sauna**

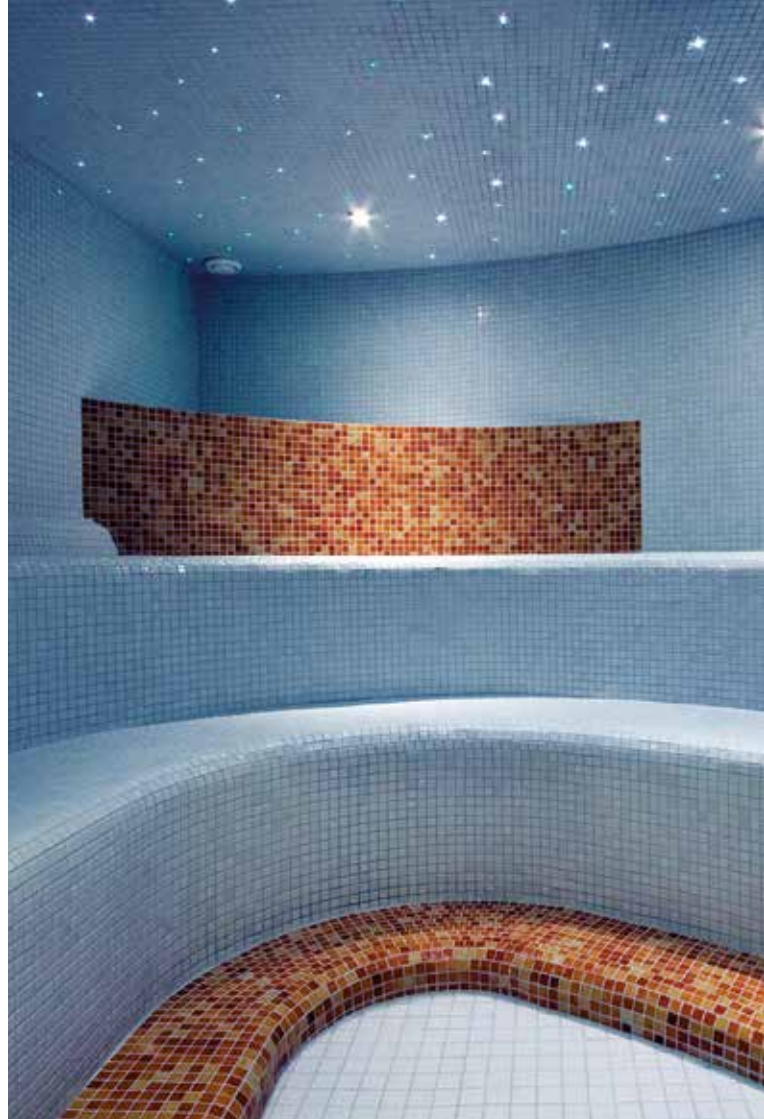
The classic sauna par excellence - not only recommended by doctors - with a dry heat of 80 to 90°C.

### **Bio Sauna**

The bio-sauna with approximately 60°C enjoys ever increasing popularity. In our house it is associated with essential oils and light therapy.

### **Steam Bath**

With high humidity and a lower temperature of about 45°C, the steam bath is gentle on the circulation and is tolerated well by the respiratory tract.



## FOREST SAUNA

Imagine a direct view into the forest park from the hot sauna. We transformed the dream to reality. The Forest Sauna Pavilion, just a few steps behind the hotel building, is the special highlight of the Park Spa.

### **Zirbe Sauna**

Let yourself be enveloped by the dry heat of a classic Finnish sauna (about 90°C) and the scent of natural wood. The magically aromatic „Zirbe“ wood is well-known for its positive effect on the entire organism.

### **Oak Sauna**

Those who like it a little less hot are in good hands here. They relax on solid oak wood at a temperature of about 60 to 65°C while enjoying the view to the park.



## THEME ROOMS

The philosophy of our house, to be close connected to nature, has provided the inspiration for our theme rooms, as well. They provide a retreat to enjoy the tranquility of the spa area. Here you will find plenty of space for undisturbed relaxation. We take you to the Charterhouse, the Vienna Woods, and last but not least, to the habitat of water.

To ensure that you can enjoy undisturbed peace and quiet, we consciously forego background music in our thematic rooms.



### CHARTER HOUSE

The Charterhouse monastery directly opposite the Schlosspark Mauerbach is one of the most important and most beautiful in Austria. The Charterhouse Mauerbach was founded in 1314 by Frederick the Beautiful. Enjoy the monastic silence of this simply kept room, where you can relax undisturbed by the outside world.

### WIENERWALD

The Romans were frequent visitors in the Vienna Woods. They called the area „mons cetium“. It has served as a hunting reserve for the Babenbergers since the 11th century. The first Latin name „silva Viennensis“ was mentioned in documents in 1332. The Vienna Woods started to become a popular destination for tourists at the beginning of the 19th century,.

This quiet room gives you the feeling of being on a mossy clearing surrounded by towering trees and tree tops. The surrounding park with biotope and small streams takes you out into nature - just as if you were traveling in the legendary Vienna Woods

## HABITAT WATER

Water is life. Water moves. Water transports, refreshes and renews all life. Water is the basis for our very being. A better description of the existence of the human soul can hardly be provided than a comparison with the shimmering surface of a river, which is never the same.

Water is the body's central elixir of life. It plays an irreplaceable role as the motor of bodily activity in nearly every part of our body.

External water applications promote bodily well-being in many ways. Water can refresh as well as relax. A morning swim in the pool stimulates the circulation. Take a break and immerse yourself in the warm pool surrounded by nature, and let your gaze wander, relaxing body, mind and soul



## SPA-BISTRO

To complement your spa experience, the spa bistro offers you small snacks and drinks. During your stay at the spa, you are welcome to visit the bistro in your bathrobe, without having to change your clothes.

For convenience, you can have your food and beverage consumption in the spa bistro put on your room bill, which you can pay on departure.

Various teas and selected nuts are also available as a small snack for in between.

Please note that it is not permitted to bring food and drinks into the spa area or the outdoor area.







# SPA ETIQUETTE

## RESERVATIONS FOR TREATMENTS

We recommend that you book your treatments upon room reservation, in order to ensure availability on your desired dates. Of course, reservations on short notice are also possible according to availability.

## CANCELLATIONS

We prepare carefully for your appointment. If you cannot show up for the appointment, please let us know. Treatments can be cancelled at no extra charge at the latest the evening before. We ask for your understanding that treatments cancelled within 6 hours of your appointment are charged at 50%. No-shows are charged at 100%.

## WELLNESS AND PREGNANCY

Please report any health concerns, illness or pregnancy before reserving a treatment.

## TAKE TIME

You need time for perfect relaxation. Please arrive for your treatment at the spa reception about 10 minutes before the appointment. Late arrival may reduce the duration of the treatment.

## WELLNESS POUCH

For the duration of your stay you can use our practical wellness pouches with towels and slippers. Cuddly bathrobes hang in the closet. For different sizes please contact the reception.

## CLOTHING

Please come without jewelry and other valuables. to the treatments, and in your bathrobe The sauna area is operated as a no clothing area. Please use them without swim wear for health and hygienic reasons. Use the fresh sauna towels provided in front of the saunas to lie on in the sauna.

## FOOD AND DRINK

Our spa bistro offers delicacies for in between. You can always visit the bistro in your bathrobe.

## LOUNGE CHAIRS

In consideration of our other guests, we kindly ask you to not reserve lounge chairs at the pool and in the relaxation rooms. Please use our baskets and take your personal belongings into the pool, sauna and treatment areas.

## CELL PHONES & CO

The spa is the perfect opportunity to turn off the outside world. Please refrain from using mobile phones and tablets in the spa area. For discretion, all mobile devices in the sauna area are prohibited.

## PETS

Four-legged companions are prohibited throughout the spa.

## CHILDREN IN THE SPA

In order to be able to guarantee rest and relaxation, a visit to our wellness area is only permitted from the age of 16.

## FITNESS

If you are in the mood for exercise, take advantage of the running and walking paths in the park and the surrounding area or the numerous mountain bike trails in the Vienna Woods. The hotel has a modern fitness center



# RESORT & SPA SCHLOSSPARK MAUERBACH

## BY CAR

Take the A1 exit „Auhof“ and turn right at the first intersection. Follow the street to the Schlosspark Mauerbach.

## BY TRAIN

The nearest main station is „Wien Westbahnhof“, but many trains stop at the nearby station „Wien Hütteldorf“. From there by taxi (about € 25) or by subway and bus to Schlosspark Mauerbach.

## BY AIR

Vienna International Airport, from there take a taxi ride about 45 minutes (about € 40) to Schlosspark Mauerbach.

## PUBLIC TRANSPORT

Take the U4 to terminus „Wien-Hütteldorf“ and from there the bus Number 450 to terminus Mauerbach bus station (about 24 minutes)

